

The Hams' Jam

(AKA Stand By Your Hams!)
1 Wall 64-count line dance
Beginner +/- Easy Intermediate

1. STEP, FRONT TOUCH, SIDE TOUCH, CROSS, STEP, FRONT TOUCH, SIDE TOUCH, CROSS TOUCH

- Step R to right side 1
- Touch L toe/ball in front of R, touch L toe/ball to left side, cross/step L over R 2,3,4
- Step R to right side 5
- Touch L toe/ball in front of R, touch L toe/ball to left side, touch L toe/ball in front of R 6,7,8

2. 'LINDY': LEFT THEN RIGHT

- Shuffle L, R, L sideways to left; rock/step R back, rock fwd onto L 1&2; 3,4
- Shuffle R, L, R sideways to right; rock/step L back, rock fwd onto R 5&6; 7,8

3. SAME AS SECTION 1 WITH OPPOSITE FOOTWORK

- Step L to left side 1
- Touch R toe/ball in front of L, touch R toe/ball to right side, cross/step R over L 2,3,4
- Step L to left side 5
- Touch R toe/ball in front of L, touch R toe/ball to right side, touch R toe/ball in front of L 6,7,8

4. 'LINDY': RIGHT THEN LEFT (SAME AS SECTION 2 WITH OPPOSITE FOOTWORK)

- Shuffle R, L, R sideways to right; rock/step L back, rock fwd onto R 1&2; 3,4
- Shuffle L, R, L sideways to left; rock/step R back, rock fwd onto L 5&6; 7,8

5. SIDE STRUT, CROSS STRUT, SIDE SHUFFLE, ROCK, REPLACE: REPEAT OPP FOOTWORK & DIRECTION

- Touch R toe/ball to right side, step R heel down 1,2
- Cross/touch L toe/ball over R, step L heel down 3,4
- Shuffle R, L, R sideways to right 5&6
- Rock/step L back, rock fwd onto R 7,8
- Touch L toe/ball to left side, step L heel down 1,2
- Cross/touch R toe/ball over L, step R heel down 3,4
- Shuffle L, R, L sideways to left 5&6
- Rock/step R back, rock fwd onto L 7,8

7. VINE RIGHT WITH HALF TURN & SCUFF, SIDE SHUFFLE, ROCK, REPLACE: REPEAT

- Step R to side, step L behind R, step R to side turning 180° R 1,2,3
- Scuff L fwd 4
- Shuffle L, R, L sideways to left 5&6
- Rock/step R back, rock fwd onto L 7,8
- Step R to side, step L behind R, step R to side turning 180° R 1,2,3
- Scuff L fwd 4
- Shuffle L, R, L sideways to left 5&6
- Rock/step R back, rock fwd onto L 7,8

Choreo.: *Peter Metelnick, Ontario, Canada*
 Music: *Stand By Your Man Dixie Chicks*
 (CD: Tribute To Tradition)