



Irish Stew

4 Wall 32-count line dance

Beginner +



1. QUICK SIDE TOUCHES AND CLAPS, QUICK HEEL SWITCHES AND CLAPS

- Touch R toe to side, step R tog, touch L toe to side, step L tog **1&2&**
- Touch R toe to the side, clap twice (&4) **3&4**
- Touch R heel fwd, step R tog, touch L heel fwd, step L tog **5&6&**
- Touch R heel fwd, clap twice (&8) **7&8**

2. SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP, MILITARY TURN

- Shuffle fwd R, L, R; rock/step L fwd, rock back onto R **1&2;3,4**
- Step L back, step R tog, step L fwd **5&6**
- Step R fwd, pivot 180° acw **7,8**

3. CROSS, ROCK, SIDE SHUFFLE; REPEAT ON OTHER SIDE

- Cross/rock R over L, rock back onto L **1,2**
- Side shuffle R, L, R to right **3&4**
- Cross/rock L over R, rock back onto R **5,6**
- Side shuffle L, R, L to left **7&8**

4. TOUCH: FRONT, SIDE; SAILOR STEP – REPEAT WITH SAILOR QUARTER TURN LEFT

- Touch R toe fwd, touch R toe to side **1,2**
- Cross/step R behind L, step left to side, step R to side **3&4**
- Touch L toe fwd, touch L toe to side **5,6**
- Cross/step L behind R turning 90°L, step R to side, step L to side **7&8**

Choreo.: *Lois Lighfoot, UK (February 2005)*

Music: *Irish Stew Shamrock*

