

GIDDY UP GET DOWN EZ

COUNT – 32 WALLS – 2 LEVEL – BEGINNER TAG - 1

CHOREOGRAPHER – LEEANNE MULLENS (AUS) FEB 2026

MUSIC – GIDDY UP - TWINNIE

INTRO – DANCE STARTS ON VOCALS ON THE WORD “ONCE”

SECTION 1 – R HEEL DIG X 2, BEHIND-SIDE-CROSS, L HEEL DIG X 2, BEHIND-SIDE-FWD

1,2 Touch (dig) R heel to R diagonal twice

3&4 Cross R behind L, step L to L side, cross R over L

5,6 Touch (dig) L heel to L diagonal twice

7&8 Cross L behind R, step R to R side, step L foot forward

SECTION 2 – R FWD, PADDLE ¼ LEFT, CROSS SHUFFLE, L SIDE ROCK RECOVER, CROSS SHUFFLE

1,2 Step R fwd, Pivot ¼ L

3&4 Step R over L, Step L to side, Step R over L

5,6 Rock L to side, Recover on R

7&8 Step L over R, Step R to side, Step L over R

SECTION 3 – POINT & POINT & POINT & POINT, ¼ JAZZBOX LEFT

1&2& Point R to side (1), step R next to L (&) Point L to L side (2) step L next to R (&)

3&4 Point R to side (3), step R next to L (&) Point L to L side (4)

5 – 8 Cross L over R, Turn ¼ L stepping back on R, step L to L side, Touch R next to L

SECTION 4 – V-STEP, R ½ PIVOT, R ½ PIVOT

1-4 Step R fwd at 45 deg, Step L fwd at 45 deg, Step R back to centre, Step L together

5-8 Step R fwd, Turn ½ L, Step R fwd, Turn ½ L

Option (4 x ¼ paddles and a lasso action with your arm)

TAG – AT END OF WALL 4 FACING THE FRONT

V-STEP

1-4 Step R fwd at 45 deg, Step L fwd at 45 deg, Step R back to centre, Step L together

ENDING End wall 11 – Step, ½ Pivot, Stomp, Stomp, Clap