



# UN POQUITO

CHOREOGRAPHY BY: RACHAEL McENANEY-WHITE (UK/USA) AND  
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- Description:** 4 walls, 32 counts, Improver level, latin style line dance
- Music:** Un Poquito - Diego Torres, Carlos Vives (3.06mins). [Itunes Link](#). [Spotify Link](#)
- Count In:** Dance begins 16 counts from the start of the track, dance begins on vocals.
- Notes:** No tags or restarts. Jo and Rachael choreographed this dance while in Mallorca. Jo was wandering round some stores in Palma de Mallorca and heard the track playing on the radio.
- Videos:** DEMO (free): [www.vimeo.com/learnlinedance/UnPoquitoDemo](http://www.vimeo.com/learnlinedance/UnPoquitoDemo)  
TEACH: [www.vimeo.com/learnlinedance/UnPoquito](http://www.vimeo.com/learnlinedance/UnPoquito)  
QUICK WALK THROUGH (free): [YouTubeLink](#)

Section	Footwork	End Facing
<b>1 - 8</b>	<b>SKATE R-L, R DIAGONAL SHUFFLE, SKATE L-R, L DIAGONAL SHUFFLE</b>	
1 2	Skate R to right diagonal [1]. Skate L to left diagonal [2]	12.00
3 & 4	Step R to right diagonal [3]. Step L next to R [&]. Step R to right diagonal [4]	12.00
5 6	Skate L to left diagonal [5]. Skate R to right diagonal [6]	12.00
7 & 8	Step L to left diagonal [7]. Step R next to L [&]. Step L to left diagonal [8]	12.00
<b>9 - 16</b>	<b>SYNCOPATED CROSS ROCK R - L, R TOUCH FWD, R BACK, L TOUCH FWD, L BACK, R TOUCH FWD, HEEL TWIST</b>	
1 2 &	Cross rock R over L [1]. Recover weight L [2]. Step R to right [&].	12.00
3 4 &	Cross rock L over R [3]. Recover weight R [4]. Step L to left/slightly back [&]	12.00
5 & 6	Touch R toe slightly forward [5]. Step R small step back [&]. Touch L toe slightly forward [6]	12.00
& 7	Step L small step back [&]. Touch R toe slightly forward [7]	12.00
& 8	<i>On balls of feet</i> Twist both heels to right [&]. Twist both heels back to centre (weight ends L) [8]. <i>(option: only twist the R heel)</i>	12.00
<b>17 - 24</b>	<b>R CLOSE, L ROCK FWD, 1/2 TURN L SHUFFLE, R ROCK FWD, 1/2 TURN R SHUFFLE</b>	
& 1 2	Step R next to L [&]. Rock L forward [1]. Recover weight R [2]	12.00
3 & 4	Make 1/4 turn left stepping L to left side [3]. Step R next to L [&]. Make 1/4 turn left stepping L forward [4]	6.00
5 6	Rock R forward [5]. Recover weight L [6]	6.00
7 & 8	Make 1/4 turn right stepping R to right side [7]. Step L next to R [&]. Make 1/4 turn right stepping R forward [8]	12.00
<b>25 - 32</b>	<b>L SIDE ROCK, L CROSS, R SIDE ROCK, R CROSS, 3/4 TURNING VOLTA TURN L</b>	
1 & 2	Rock L to left side [1]. Recover weight R [&]. Cross L over R [2]	12.00
3 & 4	Rock R to right side [3]. Recover weight L [&]. Cross R over L [4]	12.00
5 &	Make 1/8 turn left stepping L forward [5]. Make 1/8 turn left stepping ball of R next to L [&]	9.00
6 &	Make 1/8 turn left stepping L forward [6]. Make 1/8 turn left stepping ball of R next to L [&]	6.00
7 &	Make 1/8 turn left stepping L forward [7]. Make 1/8 turn left stepping ball of R next to L [&]	3.00
8	Step L slightly forward with a slight prep to left [8]	3.00
<b>Ending</b>	<b>DANCE ENDS FACING 12.00 - DANCE COUNTS 1 - 16, THEN STEP BALL OF R NEXT TO L AND TAKE A BIG STEP FORWARD L.</b>	

START AGAIN ☺ HAVE FUN