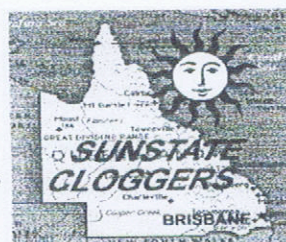
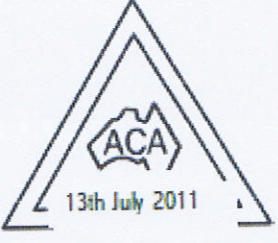


HEY SOUL SISTER



LEVEL: BASIC Length – 3:30 Speed – better at + 5%
 MUSIC: TRAIN CD-SAVE ME SAN FRANCISCO
 CHOREO: Olive Borovsky, (oliveclogging@optusnet.com.au)
 SEQUENCE: A B Chorus Break A B Chorus A Chorus Break C Ending
 WAIT: 3 counts then 16 beats

<u>PART A (32 beats)</u>		<u>PART A (32 beats)</u>	
4	TRAVELLING TRIPLE (L)	4	TRAVELLING TRIPLE (L)
4	CHARLESTON	4	CHARLESTON
4	TRAVELLING TRIPLE (R)	4	TRAVELLING TRIPLE (R)
4	CHARLESTON	4	CHARLESTON
4	BASKETBALL TURN & BASIC (R)	4	BASKETBALL TURN & BASIC (R)
4	HILLBILLY	4	HILLBILLY
4	BASKETBALL TURN & BASIC (R)	4	BASKETBALL TURN & BASIC (L)
4	HILLBILLY	4	HILLBILLY
<u>PART B (32 beats)</u>		<u>CHORUS (32 beats)</u>	
8	VINE (L & R)	8	STEPPING VINE (L & R)
8	COWBOY (TURN ½ L)	4	TRAVELLING PIVOT (1/2 R)
8	2 OUTHOUSE	4	FANCY DOUBLE
8	COWBOY (TURN ½ L)	16	<u>REPEAT</u>
<u>CHORUS (32 beats)</u>		<u>BREAK (16 beats)</u>	
8	STEPPING VINE (L & R)	4	2 HIT STEPS (L)
4	TRAVELLING PIVOT (1/2 R)	4	CHAIN (L)
4	FANCY DOUBLE	8	<u>REPEAT OPPOS FT & DIR.</u>
16	<u>REPEAT</u>	<u>PART C (32 beats)</u>	
<u>BREAK (16 beats)</u>		8	2 STOMP DOUBLE
4	2 HIT STEPS (L)	4	TRIPLE KICK (FWD)
4	CHAIN (L)	4	TRIPLE (BK)
8	<u>REPEAT OPPOS FT & DIR.</u>	8	2 BURTON STAMPS (angle left & right)
<u>PART A (32 beats)</u>		4	2 BASICS
4	TRAVELLING TRIPLE (L)	4	2 BASKETBALL TURNS (L)
4	CHARLESTON	<u>ENDING (1)</u>	
4	TRAVELLING TRIPLE (R)	1	(P) STEP (OTS)
4	CHARLESTON		
4	BASKETBALL TURN & BASIC (R)		
4	HILLBILLY		
4	BASKETBALL TURN & BASIC (R)		
4	HILLBILLY		
<u>PART B (32 beats)</u>		<u>CHORUS (32 beats)</u>	
8	VINE (L & R)	8	STEPPING VINE (L & R)
8	COWBOY (TURN ½ L)	4	TRAVELLING PIVOT (1/2 R)
8	2 OUTHOUSE	4	FANCY DOUBLE
8	COWBOY (TURN ½ L)	16	<u>REPEAT</u>

STEP EXPLANATIONS : HEY SOUL SISTER

CHARLESTON: (4)

DS TCH(F) H T-H(BK) TCH(BK) H (CAN BE RS)
 L R L R R L R
 &1 & 2 & 3 & 4

TRAVELLING TRIPLE: (4)

DS DS DS RS
 L R L RL
 &1 &2 &3 &4

BASKETBALL TURN: (4)

(P) S(FWD) (P) S(PVT 1/2 R)
 L R
 & 1 & 2

BASIC: (2)

DS RS
 L RL
 &1 &2

HILLBILLY: (4)

DS TCH(F) H TCH(F) H TCH(F) H
 L R L R L R L
 &1 & 2 & 3 & 4

VINE : (4)

DS(OTS) DS(XIB) DS(OTS) RS
 L R L RL
 &1 &2 &3 &4

COWBOY: (8) (in this dance, turn 1/2 left on BR)

[DS DS DS BR(XIF) SL] -(FWD) [DS(XIF) R S(XIF) R S(XIF) R S(XIF)] -(BK)
 L R L R L R L R L R L R L R
 &1 &2 &3 & 4 &5 & 6 & 7 & 8

OUTHOUSE: (4)

DS TCH(OTS) H TCH(XIF) H TCH(OTS) H
 L R L R L R L
 &1 & 2 & 3 & 4

STEPPING VINE: (4)

(P) S(OTS) (P) S(XIB) (P) S(OTS) (P) TCHH(OTS)
 L R L R
 & 1 & 2 & 3 & 4

TRAVELLING PIVOT: (4)

DS DS(XIF) DS(PVT 1/4 1/2 3/4) S (LOOPING MOTION WITH PIVOT)
 L R L R
 &1 &2 &3 & 4

HIT STEP: (2)

DS TCHH(XIF) S(XIF)
 L R R
 &1 & 2

CHAIN (4)

DS RS RS RS
 L RL RL RL
 &1 &2 &3 &4

STOMP DOUBLE: (4)

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)
 L R L RL
 & 1 &2 &3 &4

TRIPLE KICK: (4)

DS DS DS DR/K SL
 L R L L/R L
 &1 &2 &3 & 4

TRIPLE: (4)

DS DS DS RS
 L R L RL
 &1 &2 &3 &4

BURTON STAMP: (4)

DS STA(UP) H STA(UP) H STA(UP) H (ANGLE L OR R)
 L R L R L R L
 &1 & 2 & 3 & 4