Dancing Without You

Count: 32 **Wall:** 4 **Level:** High Beginner
Choreographer: Maggie Gallagher (UK) - July 2026
Music: Dancing Without You - Disco Bambino, Nile Rodgers & Sophie Ellis-Bextor

Intro: 32 counts, start on vocals (approx. 17 secs)

S1: SIDE, CROSS ROCK, RECOVER, CHASSE L, CROSS ROCK, RECOVER, SIDE

1-2-3	Step right to right side, Cross rock left over right, Recover back on right
4&5	Step left to left side, Step right next to left, Step left to left side
6-7	Cross rock right over left, Recover back on left
8	Step right to right side

S2: CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, CHASSE ¼ L

1-2	Cross left over right, Step right to right side
3-4	Cross left behind right, Step right to right side
5-6	Cross rock left over right, Recover back on right
7&8	Step left to left side, Step right next to left, ¼ left stepping forward on left [9:00]

S3: R BUMP & BUMP, L BUMP & BUMP, R ROCKING CHAIR

1&2	Touch right toe forward bumping hips forward, Bump hips back, Bump hips forward (weight ends on right)
3&4	Touch left toe forward bumping hips forward, Bump hips back, Bump hips forward (weight ends on left)

Optional styling - Disco arm rolls on counts 1-4:
Raise both arms to head height, bending elbows & laying forearms together. Roll forearms around each other.

5-6	Rock forward on right, Recover back on left
7-8	Rock back on right, Recover forward on left

S4: ⅛ WALK, ⅛ WALK, ¼ R SHUFFLE, ⅛ WALK, ⅛ WALK, ¼ L SHUFFLE

1-2	⅛ right stepping forward on right, ⅛ right stepping forward on left [12:00]
3&4	¼ right stepping forward on right, Step left next to right, Step forward on right [3:00]
5-6	⅛ right stepping forward on left, ⅛ right stepping forward on right [6:00]
7&8	¼ right stepping forward on left, Step right next to left, Step forward on left [9:00]

(S4 is a full turn around to the right in a circle)

ENDING: At the end of Wall 12, take long step on right to right side to finish facing [12:00].

Thank you to Tracey Keqa for suggesting this music

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