

AIN'T SUPPOSED TO BE

Choreographer: Sally Talbot (October 2025)
Music: Ain't Supposed to be – Gabby Barrett (Single) (3.45m)
Level: Intermediate: 2 Wall
Counts: Counts: 32 **Extras:** 1 restart – see below
Intro:

Section 1: SIDE/Drag, BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS, 1/8 SCISSOR, L SHUFFLE FWD, RUN RUN

1, 2& Step R to R as you slowly drag L towards R, step L behind R, step R to R
3&4& Cross L over R, recover weight R, step L to L side, cross R over L
5&6&7 Step L to L make 1/8 turn R, step R beside L, step L fwd, step R together, step L Fwd (1.30)
8& Step R Fwd, step L Fwd

Section 2: ROCK/PUSH, RECOVER, BACK ½ L, STEP FWD R, FULL TURN FWD R, FULL TURN FWD L, ROCK RECOVER

1, 2&3 Rock R fwd, recover weight L, ½ R step R fwd, step L fwd (7.30)
4&5 ½ L step R back, ½ L step R together, step R slightly fwd (7.30)
6&7& ½ R step L back, ½ R step L together, step L fwd, step R together
8& Step L back, step R together

Section 3: 1/8 L, SWAY, SWAY, FULL TURN LEFT, SWAY, SWAY, SCISSOR, ROCK, RECOVER

1, 2 1/8 L to L step on L swaying hips, sway hips R (*Rocking/swaying motion*) (6.00)
3&4 ¼ L step to L, ½ L step L together, ¼ L step to L
5, 6 Step R to R swaying hips, Sway hips L (*Rocking/swaying motion*)
7&8& Recover weight R, step L beside R, cross push R over L, recover weight on L

Section 4: ¼ TURN, WALK FWD, FWD TOGETHER, BACK TOGETHER, ROCK, RECOVER, BACK, SWEEP, ¼ TURN L FWD, STEP TOGETHER

1, 2 ¼ R step fwd R, step fwd L (9.00)
3&4& Step R fwd, step L beside R, step back on R, step L beside R
5, 6 Rock R fwd bring L slowly in behind R, step L back sweeping R foot behind
7&8& Step back on R taking weight, ¼ turn L step fwd L, step fwd on R, step L beside R putting weight on L (6.00)

32

Tag: **End Wall 2:**
1, 2, 3&4 Sway R, sway L, full turn to R side over R
5, 6 7&8 Sway L, sway R, full turn to L side over L, drag R foot in on count 8

Finish: Dance to count 6& in section 2, then for count 7 keep turning R to the front wall as you step L to L side, drag R towards and touch together.

Official Teach and Demo can be found at <https://www.youtube.com/user/MrJbtalbot> or by visiting my website www.jbtalbot.com