



Patient Heart

2 Wall 48-count line dance
Easy Intermediate



1. WALK, WALK, SHUFFLE FORWARD, STEP, TURN QUARTER, SHUFFLE ACROSS

- Step R fwd, step L fwd, shuffle fwd R, L, R **1,2,3&4**
- Step L fwd, turn 90° R taking weight onto R **5,6**
- Moving right: shuffle across L, R, L **7&8**

2. TURN QUARTER AND HALF, SHUFFLE FORWARD

- Step R to side turning 90°L, step back on L turning 180° L **1,2**
- Shuffle fwd R, L, R **3&4**

3. STEP, TURN 3/8 (90° + 45°) RIGHT, CROSS-LOCK-STEP-LOCK-STEP, KICK, KICK-BALL-CHANGE

- Step L fwd, pivot 135° R (to top left corner) **1,2**
- Moving diagonally: step L across in front of R, lock R behind L **3&**
- Step L across in front of R, lock R behind L **4&**
- Step L across in front of R, kick R fwd, kick R fwd **5,6,7**
- Ball change turning 45° R (straightening up): R,L **&8**

4. SCUFF, TURN QUARTER RIGHT, SCUFF, TURN HALF RIGHT

- Scuff R, step R fwd turning 90° R **1,2**
- Scuff L, step L fwd turning 180° R **3,4**

5. SHUFFLE FORWARD TWICE, AND-OUT-AND-IN, BOUNCE HEELS

- Shuffle fwd R, L, R, shuffle fwd L, R, L **1&2,3&4**
- Step R to side, step L to side, step R to centre, step L to centre **&5&6**
- Bounce heels twice **7,8**

6. SCUFF, TOE, HEEL, HEEL; REPEAT WITH OPPOSITE FOOTWORK

- Scuff R across in front of L, touch R toe at 45° R **1,2**
- Bounce R heel twice taking weight onto R **3,4**
- Scuff L across in front of R, touch L toe at 45° L **5,6**
- Bounce L heel twice taking weight onto L **7,8**

7. KICK-BALL-CHANGE TWICE, MILITARY TURN LEFT TWICE

- Kick R fwd (over L) at 45°L, ball change: R, L **1&2**
- Kick R fwd (over L) at 45°L, ball change: R, L **3&4**
- Turn 45° acw (straighten up) stepping R fwd, pivot 180° L **5,6**
- Step R fwd, pivot 180° L **7,8**

BRIDGE *The bridge occurs at the start of walls 4, 7 & 9.
Add the following steps to the start of the dance:*

B1. SIDE, BEHIND, SHUFFLE SIDE, KICK-BALL-CHANGE TWICE

- Step R to side, step L behind R, shuffle R, L, R sideways to right **1,2,3&4**
- Kick L across R (at 45°R), ball change: L, R **5&6**
- Kick L across R (at 45°R), ball change: L, R **7&8**

B2. FULL TURN, SHUFFLE SIDE, KICK-BALL-CHANGE TWICE

- Moving left: turn 360°L stepping L, R **1,2**
- Shuffle L, R, L sideways to left **3&4**
- Kick R across L (at 45°L), ball change: R, L **5&6**
- Kick R across L (at 45°L), ball change: R, L **7&8**

Choreo.: *Michael Vera-Lobos & Lisa Foord, Sydney, Australia*

Music: *Patient Heart Bekka & Billy*

