

Standing on a Rock

4 Wall 64-count line dance

Easy Intermediate

1. Swivels, twists, jumps & claps

- Swivel R heel out, tog 1,2
- Swivel L heel out, tog 3,4
- Twist both heels: right, centre, left, centre 5,6,7,8
- Jump fwd onto R, touch L tog, clap twice 1,2,3,4
- Jump fwd onto L, touch R tog, clap twice 5,6,7,8

2. Back, touch, back, touch, side toe struts, vine left with scuff

- Step back R at 45°R, touch L tog 1,2
- Step back L at 45°L, touch R tog 3,4
- Touch R toe to side, slap R heel down 5,6
- Touch L next to R, slap L heel down 7,8
- Touch R toe to side, slap R heel down 1,2
- Touch L next to R, slap L heel down 3,4
- Step L to side, step R behind L, step L to side, scuff R fwd 5,6,7,8

3. Four heel struts, kick, kick, back, turn half, four toe struts, kick, kick, back, turn 1/4

- Step R heel fwd, drop R toe/ball to floor 1,2
- Step L heel fwd, drop L toe/ball to floor 3,4
- Step R heel fwd, drop R toe/ball to floor 5,6
- Step L heel fwd, drop L toe/ball to floor 7,8
- Kick R fwd twice 1,2
- Step R tog, step L back turning 180° acw 3,4
- Step R toe/ball fwd, lower R heel to floor 5,6
- Step L toe/ball fwd, lower L heel to floor 7,8
- Step R toe/ball fwd, lower R heel to floor 1,2
- Step L toe/ball fwd, lower L heel to floor 3,4
- Kick R fwd twice 5,6
- Step R tog, step L to side turning 90° acw 7,8

4. Heel, slap, heel, together; repeat on opposite side

- Touch R heel in front of L 1
- Slap outside of R foot with R hand 2
- Touch R heel in front of L, step R tog 3,4
- Touch L heel in front of R 5
- Slap outside of L foot with L hand 6
- Touch L heel in front of R, step L tog 7,8

Choreo.: *Diane Joseph, NSW, Australia*

Music: Standing on a Rock *Rodney Crowell*