

Dance: MOVES LIKE JAGGER
Artist: MAROON 5 (feat. Christina Aguilera)
Choreo: Mary Logar and Melissa Brown (VIC, AUS)
Level: Easy Intermediate Length: 3:21 Speed: Normal
Order: A B A B C B D
Start: After 32 beats

Part A (64 beats)

16 2 Bonanza Flaps (L & R)
8 MJ Basic (1/2 L)
8 Swayback
16 2 Bonanza Flaps (L & R)
8 MJ Basic (1/2 L)
8 Swayback

Part B (64 beats)

16 2 Macnamara Rock Pivots (3/4R ea)
8 Stomp Utah
8 2 Chains (L & R)
16 2 Macnamara Rock Pivots (3/4R ea)
8 Stomp Utah
8 Chains (L & R)

Part A (64 beats)

16 2 Bonanza Flaps (L & R)
8 MJ Basic (1/2 L)
8 Swayback
16 2 Bonanza Flaps (L & R)
8 MJ Basic (1/2 L)
8 Swayback

Part B (64 beats)

16 2 Macnamara Rock Pivots (3/4R ea)
8 Stomp Utah
8 2 Chains (L & R)
16 2 Macnamara Rock Pivots (3/4R ea)
8 Stomp Utah
8 Chains (L & R)

Part C (68 beats)

16 2 Heel Ups
16 2 Hard Triples (3/4R ea)
16 2 Heel Ups
16 2 Hard Triples (3/4R ea)
4 Hip Sways

Part B (64 beats)

16 2 Macnamara Rock Pivots (3/4R ea)
8 Stomp Utah
8 2 Chains (L & R)
16 2 Macnamara Rock Pivots (3/4R ea)
8 Stomp Utah
8 Chains (L & R)

Part D (8 beats)

8 Swayback



STEP DESCRIPTION

BONANZA FLAP : 8

DS DS DT H DT H DS(XIB) R(OTS) S(XIF) DR H-FL(F) S
L R L R L R L R L R L R R L
&1 &2 &a 3 & 4 &5 & 6 & 7 & 8

M J BASIC : 8 (1/2 left on P S RS RS)

DS DS(XIB) R S(OTS) (P) S(XIB) RS RS DS RS
L R L R L RL RL R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

SWAYBACK : 8

DS DT(XIF) H DT(X) H T-H(BK) R(BK)S DS DS RS
L R L R L R L R L R LR
&1 & 2 & 3 &4 & 5 &6 &7 &8

MACNAMARA ROCK PIVOT : 8

BA BA(XIB) BA TCHH(OTS) BA BA(XIB) BA TCHH(OTS) R H(F-WGT)-(PVT 3/4 R) S DS RS
L R L R R L R L L R L R LR
& 1 & 2 & 3 & 4 & 5 & 6 &7 &8

STOMP UTAH : 8

(P) STO DT(XIF) SL DT(X) SL TCH(BK) HD/HD (P) STO DS DS RS
L R L R L R L/R R L R LR
& 1 & 2 & 3 & 4 & 5 &6 &7 &8

CHAIN : 4

DS RS RS RS (MVE FWD BK L OR R)
L RL RL RL
&1 &2 &3 &4

HEEL UP : 8 (swing both arms fwd on H(WGT))

DS RS R H(WGT) (P) S R H(WGT) (P) S DS RS
L RL R L R L R L R LR
&1 &2 & 3 & 4 & 5 & 6 &7 &8

HARD TRIPLE : 8 (turn 3/4 right on DS DS DS RS)(can replace SL with H beat)

DT(BK) SL BR(FWD) SL T-H(XIF) TCH(BK) SL DS DS DS RS
L R L R L L R L R LR
& 1 & 2 & 3 & 4 &5 &6 &7 &8

HIP SWAYS : 4

(P) HIPS(L) (P) HIPS(R) (P) HIPS(L) (P) HIPS(R) - (SWING HIPS)
L R L R
& 1 & 2 & 3 & 4