

Dance I'M ALRIGHT  
 Artist JO DEE MESSINA  
 Choreo John Bishop & Karen Wilkinson (aus)  
 Level Intermediate  
 Wait 18 beats  
 Order A B C A D C A B D E A B F D C G

**PART A**

MJ Twist (1/2 L)  
 Karate (1/2 L)  
 Lori Basic

**PART B**

Crazy Step (F)  
 2 Flea Flickers (Bk)  
 Rock-A-Way Turkey

**PART C**

2 Double Steps

**PART A**

MJ Twist (1/2 L)  
 Karate (1/2 L)  
 Lori Basic

**PART D**

Cinnamon Roll  
 2 Basics  
 Triple (1/2 R)  
 Cinnamon Roll  
 2 Basics  
 Triple (1/2 R)  
 Rocking Chair

**PART C**

2 Double Steps

**PART A**

MJ Twist (1/2 L)  
 Karate (1/2 L)  
 Lori Basic

**PART B**

Crazy Step (F)  
 2 Flea Flickers (Bk)  
 Rock-A-Way Turkey

**PART D**

Cinnamon Roll  
 2 Basics  
 Triple (1/2 R)  
 Cinnamon Roll

**PART E**

2 Basics  
 Triple (1/2 R)  
 Rocking Chair  
 Clogover Vine (1/4 L)  
 2 Half Appalachians (Bk)  
 Basic (1/4 R)

**PART A**

Samantha (Full R)

**PART A**

MJ Twist (1/2 L)  
 Karate (1/2 L)  
 Lori Basic

**PART B**

Crazy Step (F)  
 2 Flea Flickers (Bk)  
 Rock-A-Way Turkey

**PART F**

Rock-A-Way Turkey

**PART D**

Cinnamon Roll  
 2 Basics  
 Triple (1/2 R)  
 Cinnamon Roll  
 2 Basics

**PART C**

Triple (1/2 R)  
 Rocking Chair

**PART C**

2 Double Steps

**PART G**

2 Pivot Chains (Full)  
 2 Clogvine Walks (L&R)  
 Flange Slur Up

**STEP DESCRIPTION**

**MJ TWIST (1/2 L on PVT)**

DS DS R S PVT S R S DS DT TW TW SL  
 L R(xib) L R(ots) R L R L R L L & R R  
 &1 &2 & 3 & 4 & 5 &6 & 7 & 8

**KARATE (1/2 L on PVT)**

DS K PVT P S K/DR SL  
 L R L R L/R R  
 &1 & 2 & 3 & 4

**LORI BASIC**

DS DT H DS R S  
 L R L R L R  
 &1 & 2 &3 & 4

**CRAZY STEP**

DS DS DS DR/K SL R S DS R S K/DR SL  
 L R L L/R L R L R L/R R  
 &1 &2 &3 & 4 & 5 &6 & 7 & 8

**FLEA FLICKER**

DT H DS  
 L R L(xib)  
 & 1 &2

**ROCK-A-WAY TURKEY**

R Hdig Tflap S DS R S  
 L R(ots) R L(xib) R L R  
 & 1 & 2 &3 & 4

**CINNAMON ROLL**

DS SLR S DS DS SLR S Pse Hdig SLR S DT H  
 L(1/4R) R(xib) R L(1/4L) R(1/4L) L(3/4L) L R(ots) L(xib) L R L  
 &1 & 2 &3 &4 & 5 & 6 & 7 & 8

**CLOGOVER VINE (1/4 L ON RS)**

DS DS DS DS DS DS DS R S  
 L R(xif) L R(xib)L R(xif) L R L  
 &1 &2 &3 &4 &5 &6 &7 & 8

**HALF APPALACHIAN (MOVE Bk)**

DS DR S S DR S S  
 R R L R R L R  
 &1 & 2 & 3 & 4

**PIVOT CHAIN (turn on 3 R S)**

DS RS RS RS  
 L RL RL RL  
 &1 & 2 & 3 & 4

**CLOGVINE WALK**

DS TCHH S DS TT S DS TCHH S DS RS  
 L R(xif) R(xif) L R(xib) R(xib) L R(xif) R(xif) L R L  
 &1 & 2 &3 & 4 &5 & 6 &7

**FLANGE SLUR UP**

Pse S DS/FLA SLR(rvs from Bk to F) BR Lift/SL  
 L R(xif)/L L L L/R  
 & 1 &a2 & a 3

**ABBREVIATIONS**

|       |               |         |                                  |     |                      |      |               |      |   |     |   |     |                     |     |                |
|-------|---------------|---------|----------------------------------|-----|----------------------|------|---------------|------|---|-----|---|-----|---------------------|-----|----------------|
| L     | left foot     | R       | right foot                       | DT  | double toe           | DS   | double step   | RS   | rock step                                       | BA  | ball of foot                            | SL  | slide forwards      | DR  | drag backwards |
| BR    | brush         | BO      | bounce                           | STA | stamp                | STO  | stomp         | P    | pause   | PVT | pivot                                   | K   | kick                | T   | toe            |
| H     | heel          | TCH     | touch                            | TT  | touch toe            | TCHH | touch heel    | S    | step  | FLA | flange                                  | SLR | slur                | CLK | click together |
| XIB   | cross in back | XIF     | cross in front                   | OTS | out to side          | BS   | beside        | Hdig | heel dig  | Hop | hop                                     | XBA | cross back & around |     |                |
| DIAG  | diagonally    | TOG     | together                         | SK  | skuff forward        | Slap | slap toe down | LOP  | loop leg around behind                          | BLK | bell kick (click heels together in air) |     |                     |     |                |
| Tflap | flap toe down | DR(pop) | pop toe down while dragging back | ( ) | further explanations |      |               | /    | separates simultaneous movements (except turns) |     |   |     |                     |     |                |